



Palatable

Mashed Mash

Ingredients

- 5 small potatoes / 3 medium potatoes
- can of peas (optional)
- can of cooked turkey (optional)
- can of cream of mushroom
- about 1/2 cup milk
- garlic powder
- onion powder
- poultry seasoning
- parsley

Instructions

1. You can skin the potatoes if you'd like, but I typically don't; just wash them well with hot water.
2. Dice the potatoes into fairly small pieces, into a pot with about twice as much water as potatoes.
3. Boil until the potatoes can be easily cut against the pot with whatever utensil you're using to stir them with.
4. Drain the water and turn the heat to medium low.
5. Add the cream of mushroom, milk, and seasonings.
6. Mix well and smash the potatoes against the pot (I just use the spoon as we don't have a potato masher).
7. Add the peas and turkey, then heat on medium low until it's all nice and warm.
8. Serve as is or with a side of buttered bread.

 Source: 