



Palatable

Fruit Salad with Cool Lime Dressing

🕒 Prep: 30m · Total: 30m

👤 16

Ingredients

- 8 cups of fresh fruit (you pick)
- 1 lime or lemon
- 1 8 oz. light key lime or lemon yogurt
- 1 cup thawed, frozen whipped topping
- Sweetened flaked coconut, toasted (Optional)

Instructions

1. Put fruit in a large serving bowl and refrigerate till ready to serve
2. Zest lime/lemon till you have 1 tsp of zest
3. Juice lime/lemon till you have 1 tsp of juice
4. Combine yogurt, lime zest and juice in a small bowl.
5. Whisk till smooth
6. Fold in whipped topping
7. Cover and refrigerate till ready to serve
8. When ready, spoon dressing over fruit
9. Sprinkle with coconut (if desired) and serve

Notes

Toast coconut in microwave for 1-2 mins (or until brown), stir every 10 seconds. Add when cool.

🔗 Source: [🔗](#)