



Palatable

Buffalo Chicken Salad

🕒 Prep: 25m · Total: 25m

👤 6

Ingredients

- 1 tbsp. hot pepper sauce
- 1 tbsp. water
- 1 1/2 tsp Cajun Herb Seasoning Mix
- 1 lbs. frozen breaded chicken breast tenderloins/tenders
- 2 cups sliced celery
- 1 cup grape or cherry tomato halves
- 1/2 small red onion, sliced into thin wedges
- 1 pkg (12 oz.) mixed salad greens with romaine and leaf lettuce (8 cups)
- 1/2 cup blue cheese dressing (optional)

Instructions

1. In a small batter bowl, combine hot pepper sauce, water, and seasoning mix and whisk until blended.
2. Pour mixture into resealable plastic storage bag.
3. Add chicken to the bag and toss until chicken is coated.
4. Place chicken into baking pan and bake according to package instructions
5. Slice celery and tomatoes.
6. Toss vegetables and greens. Cut chicken crosswise into slices. Mix with salad.
7. Serve with dressing

Notes

Sub chicken tenderloins with chicken nuggets

Cajun seasoning can be substituted for the Cajun Herb Seasoning.

🔗 Source: [🔗](#)